

# Alabama Agricultural and Mechanical University

## Office of Human Resources

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### **Notice to Enrollees in a Self-Funded Non-Federal Governmental Group Health Plan**

Under a Federal law known as the Health Insurance Portability and Accountability Act of 1996 (HIPAA), Public Law 104-191, as amended, group health plans must generally comply with the requirement listed below. However, the law also permits state and local governmental employers that sponsor health plans to elect to exempt a plan from the requirements for any part of the plan that is “self-funded” by the employer, rather than provided through a health insurance policy. The Public Education Employees’ Health Insurance Board has elected to exempt the PEEHIP from the following requirement:

**Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.**

The exemption from this federal requirement has been in effect since October 1, 2005. The election has been renewed every subsequent plan year.

For more information regarding this notice, please contact PEEHIP.