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**Job Title:** Sports Medicine Student Employee

**Department:** Department of Athletics
**Hourly Rate:** $12/hour
**Work Hours:** Up to 20 hours per week (flexible with class schedule)

**Position Summary:**

The Sports Medicine Student Employee will assist the athletic training staff with daily operations related to injury prevention, evaluation, treatment, rehabilitation, and overall health care of student-athletes. This hands-on position offers valuable experience for students pursuing careers in athletic training, physical therapy, exercise science, sports medicine, or related health professions. Student Employees will work directly with certified athletic trainers and gain exposure to the day-to-day functions of a Division I sports medicine program.

**Purpose and Learning Outcomes:**

* Gain an understanding of the core responsibilities of a collegiate sports medicine staff.
* Develop skills in athletic training room operations, including the use of therapeutic tools and taping techniques.
* Learn about injury prevention, emergency care protocols, and rehabilitation methods.
* Strengthen their communication and time-management skills in a professional sports setting.
* Observe the importance of ethical standards, documentation, and NCAA compliance in athlete healthcare.

**Key Responsibilities:**

* Assist with preparation and breakdown of athletic training facilities before and after practices and games.
* Observe and support injury evaluation, treatment, and rehabilitation sessions under certified supervision.
* Help maintain cleanliness and organization of the athletic training room and equipment.
* Assist with hydration, taping, and first-aid responsibilities at team practices and competitions.
* Participate in ongoing education regarding CPR, AED use, emergency action plans, and NCAA health and safety protocols.
* Support administrative tasks such as inventory checks, supply restocking, and treatment logs.

**Qualifications:**

Preferred knowledge, skills, and personal qualifications:

* Pursuing a major in Biology or a related field.
* Prior experience with first aid or healthcare support roles is a plus.
* Interest in pursuing certification as an athletic trainer, physical therapist, or other health professions.
* Familiarity with sports environments and a strong interest in athlete well-being.

Required Qualifications:

* Must be a currently enrolled undergraduate or graduate student at Alabama A&M University.
* Minimum cumulative GPA of 2.5.
* Ability to work flexible hours including evenings, weekends, and game days.
* Strong work ethic, professionalism, and ability to maintain confidentiality.
* Willingness to follow safety protocols and direction from certified staff.

**Experience Gained in this Role:**

By the end of the employment period, the student will have developed skills in:

* Communication – The student will effectively communicate with both athletes and training staff regarding each case.
* Professionalism – The student will maintain confidentiality of health information relating to athletes and their care.