Expanded Psychiatric Services (EPS)

When your benefit plan includes Expanded Psychiatric Services (EPS), you and your covered dependents will receive 100% coverage for mental health and chemical dependency (alcohol and drug abuse services) when care is coordinated by a participating EPS provider. In order to receive maximum benefits, you must first contact an EPS provider to coordinate all services (inpatient, outpatient and emergency room). When you visit a participating EPS provider, you will not have to meet a deductible, make a copayment or file claims.

It is important to check your group benefit materials for more information on your mental health, drug and alcohol abuse benefits when you do not use an EPS provider. Some groups do not offer coverage in this situation.

Covered benefits for mental and nervous disorders, chemical detoxification and rehabilitation services under this program include:
- Inpatient care (you must be admitted by an EPS provider);
- Partial Hospitalization and Intensive Outpatient programs, including mental health, substance abuse, and eating disorder treatment;
- Outpatient visits;
- Individual, group and family therapy or counseling;
- Psychological tests;
- Lab tests; and
- Professional services of staff members who are trained in the treatment of mental health and chemical dependency (psychologists, social workers and other master’s prepared professionals as well as psychiatrists).

Exclusions for EPS benefits:
- Speech therapy;
- Diagnosis or treatment of mental retardation;
- Rehabilitative treatment associated with permanent or temporary disability;
- Rehabilitative treatment associated with hearing or vision impairment;
- Any treatment not recommended by the EPS provider, even if court ordered;
- Treatment for chronic pain or solely for obesity;
- Services relating to narcotic maintenance therapy such as methadone maintenance;
- Services related to nicotine addiction;
- Sex therapy programs or treatment for sex offenders;
- Prescription drugs are not dispensed by EPS providers and are covered according to contract benefits for drugs related to mental health conditions;
- Residential psychiatric facilities.

Participating EPS Providers

Please refer to the list of Participating EPS Providers. Remember, all care (inpatient, outpatient and emergency room) must be coordinated by an EPS provider in order for you to receive maximum benefits. For emergency care after hours or on weekends, call the office nearest you and an operator will connect you with the on-call physician.

**Alabama**

**Anniston**
Southern Behavioral Health Associates/
Grandview Behavioral Health
1302 Noble Street, Suite 3D
Anniston, Alabama 36202
(256) 237-4755

**Birmingham**
Alabama Psychiatric Services, P.C.
2868 Acton Road
Birmingham, Alabama 35243
(205) 968-8360

Alabama Psychiatric Services, P.C.
956 Montclair Road, Suite 101
Birmingham, Alabama 35213
(205) 949-0099

**Birmingham (continued)**
N.S. Xavier, M.D.
100 Century Park South
Suite 206
Birmingham, Alabama 35226
(205) 978-7800

**Cullman**
Alabama Psychiatric Services, P.C.
409 2nd Avenue, NW
Cullman, Alabama 35055
(256) 739-4910

**Decatur**
Alabama Psychiatric Services
801 Church Street, NE, Suite 1
Decatur, Alabama 35601
(256) 355-4461

**Dothan**
Alabama Psychiatric Services, P.C.
1672 Columbia Highway
Dothan, Alabama 36303
(334) 793-1964

**Florence**
Alabama Psychiatric Services, P.C.
1410 Glory Way
Florence, Alabama 35633
(256) 765-2230

- Provider List continues on back
Participating EPS Providers (continued from front)

**Ft. Payne**
Southern Behavioral Health Associates/Grandview Behavioral Health  
701 Gault Avenue, North  
Ft. Payne, Alabama 35967  
(256) 845-8227

**Gadsden**
Southern Behavioral Health Associates  
Mountain View Hospital  
3001 Scenic Highway  
Gadsden, Alabama 35904  
(256) 546-9265

**Gulf Shores**
Lynn Adams, LCSW  
350 Cypress Bend Drive  
Gulf Shores, Alabama 36542-2773  
(251) 967-7630

Carol Hellman, LCSW  
613 Gulf Shores Parkway, Suite 204  
Gulf Shores, Alabama 36542-6465  
(251) 974-1532

**Guntersville**
Mary Traynor, M.D.  
2309 Al. Hwy. 79 S.  
Guntersville, Alabama 35976  
(256) 582-8833

**Jasper**
Alabama Psychiatric Services, P.C.  
3400 Highway 78 East  
Medical Arts Tower, Suite 200  
Jasper, Alabama 35501  
(205) 384-0141

**Madison**
Alabama Psychiatric Services  
450 Lanier Road  
Madison, Alabama 35758  
(256) 774-4500

**Mobile**
Alabama Psychiatric Services  
1015 Montlimar Drive, Suite A-210  
Mobile, Alabama 36609  
(251) 343-4101

**Monroeville**
Southwest Alabama Mental Health  
530 Hornady Drive  
Monroeville, Alabama 36461  
(251) 575-4830

**Montgomery**
Alabama Psychiatric Services  
5906 Carmichael Place  
Montgomery, Alabama 36117  
(334) 409-9090

**Opelika**
Southern Behavioral Health Associates/Grandview Behavioral Health  
2114 Executive Park Drive  
Opelika, Alabama 36801  
(334) 745-6125

**Selma**
David Hodo, M.D.  
800 Tremont Street  
Selma, Alabama 36701  
(334) 872-6773

**Tuscaloosa**
Alabama Psychiatric Services  
825 Rice Mine Road North  
Tuscaloosa, Alabama 35406  
(205) 391-3099

**Florida**
DeFuniak Springs  
The COPE Center  
3686 U.S. Highway 331 South  
DeFuniak Springs, Florida 32435  
(850) 892-8045

**Mississippi**
Family Counseling Services  
4940 Highway 39 North  
Meridian, Mississippi 39303  
(601) 483-2864

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